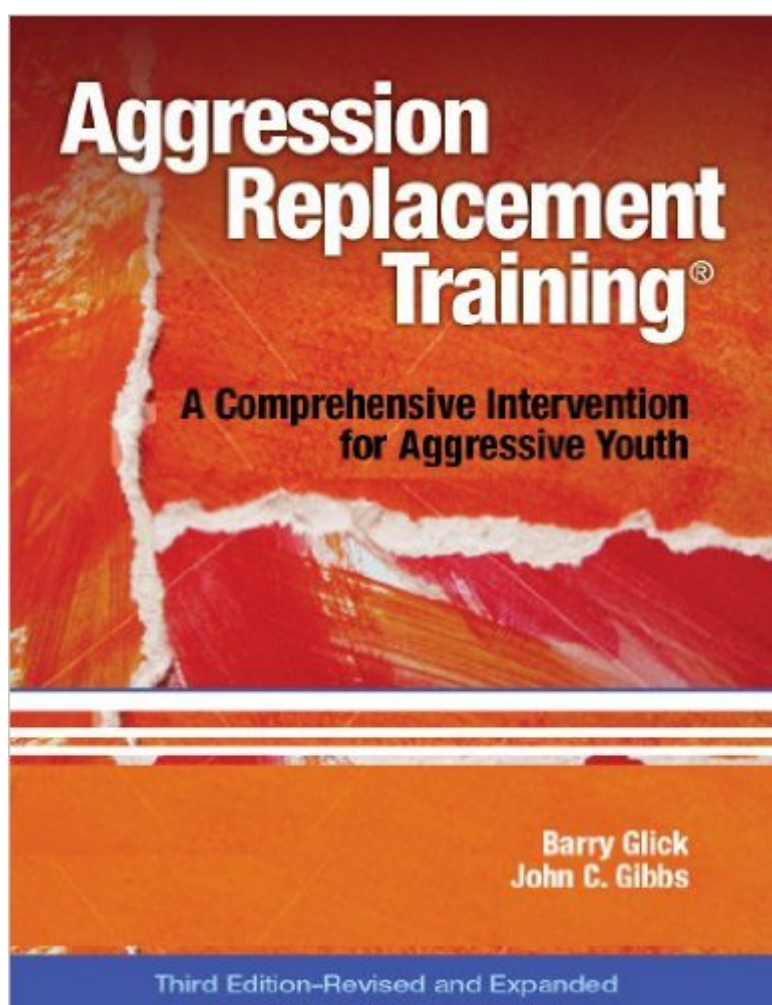


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# Aggression Replacement Training: A Comprehensive Intervention For Aggressive Youth, Third Edition (Revised And Expanded)(CD Included)



## Synopsis

This is a newly-revised and expanded edition of the groundbreaking program originally developed by Dr. Arnold P. Goldstein and Dr. Barry Glick. Aggression Replacement Training ART offers a powerful intervention for teaching at-risk youth to understand and replace aggression and antisocial behavior with positive alternatives. Includes user-friendly session-by-session guidelines for implementation. The book provides a coordinated, three-part training approach: Prosocial Skills, Anger Control and Moral Reasoning for grades 6 to 12. The authors address trainee motivation and resistance, enhancing performance generalization, and recent applications in schools and other settings. Appendixes include guidelines, checklists, moral reasoning problem situations, and summaries of outcome evaluations. The accompanying CD provides PDFs of all the reproducible forms and student handouts.

## Book Information

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## Customer Reviews

ART is a must to have in both inpatient, residential and outpatient services. It is able to be used with children (10+) adolescents and adults in both MH and CD treatment. It works well with in juvenile justice and prisons, MRT, ACT, MET, TCBT, and Collaborating Problem Solving application. If you don't have it in your treatment library then you need to get it.

most excellent EBP in working with adolescents with aggressive, dissocial issues. Teaches vs. blames, diagnoses. Really like it. Now if we could get more trainings in it. that would be great.

Should be required EBP for any systems working with adolescents. that's my opinion

This came quickly and was a welcomed addition to my library. I've worked with challenging kids for 7 years and am always looking for ways to help them reduce violent behaviors. This is a great tool to help with my new position. Making it to a training is hard so being able to go through this helps. I still would love to be apart of a training on this subject.

If you work with adolescents with behavioral disorders, Barry Glick is the go - to author. This book is focused mainly on day treatment programs, but many of the principles can be extended to other applications.

I ran ART groups for 2.5 years. I think it's a great book and model to follow, HOWEVER, I think some of the information is dated. In order to stay relevant and for the kids to fully comprehend I altered some of the scenarios. The first group I did this with could see how out dated the examples and scenarios were so I adapted them to be more relevant and relatable. Overall I think it's a good book in theory, but some things need to be modified.

I like this book, I ordered it as a supplement to the materials I was given at an Aggression Replacement Training, I was originally going to run ART groups with Middle School students, however it didn't work out and I am not running a modified version of ART for elementary students. It has all the material you will need and the DVD is awesome to print material you might need. Overall good book!

I use portions of this curriculum for my teen therapy group and love it! Works great for kids 9+ in my opinion, but some of the social skills may be a bit advanced for the younger ones.

Great for school psychologists, therapists, psychologists, teachers and anyone who works with adolescents. Love that this program is researched based.

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